

Adult Events — Spring 2022

Registration is required for all programs unless otherwise noted.

Native Plant Workshop

(In-person or Zoom)

Tues., April 5th, 6:30 p.m.

Plants and pollinators have a very special relationship and it is important to understand what factors affect the health of an ecosystem. In this lecture from the Environmental Advisory Council, participants will learn the important role of native plants. Get motivated with practical suggestions for an eco-friendly landscape. Email easttown@easttown.org to register.

Medicare 101 (Zoom)

Wed., April 6th, 6:30 - 8 PM

If you will be joining the ranks of Medicare soon, or are already in the Medicare system and have questions, this session is for you. Members of PA MEDI, a statewide program of insurance consultation, will present an overview of Medicare including the definitions of Medicare A, B, and C, explanation of the drug benefit (Part D), types of health care insurance available in Chester County, and more.

Popular Scams & How to Avoid Them (Zoom)

Thur., April 7th, 10 a.m.

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Everyday, people are getting scammed by so-called “professionals” looking to separate them from their hard-earned money. George Dillman of PA Dept. of Banking & Securities will introduce us to commonly used tactics, what to watch out for, and how to avoid falling victim to scams. This presentation will also be recorded.

Magical Stories of Mid-Atlantic Trees (Zoom)

Thur., April 14th, 2 p.m.

Join a naturalist from the Delaware Nature Society to hear the stories of the trees around us. What is their role in nature? What animals depend on them? How do we depend on them? What threats do our neighbors, the trees, face? Our focus will sway from the abundant to the rare including the stars of the forest as well as the under-appreciated and lesser-known trees in our midst. Hear their stories and how they all fit into nature’s grand scheme and be inspired to go find them all in a park or forest near you. Attendees will have a chance to win free passes to Longwood Gardens.

Apply for Your SEPTA Key Card (In-person)

Wed., April 20th, 1—3 p.m.



Senator Tim Kearney and Representative Kristine Howard’s staff will be at

Easttown Library from 1-3 PM to help seniors 65+ sign up for FREE SEPTA senior key cards and provide information on state services. Please note that SEPTA senior keys will NOT be issued on site. SEPTA will mail senior keys to applicants in 2-3 weeks. Registration not required, just stop on by!

Community Shredding Event (In-person)

Saturday, April 23rd, 9 a.m.-12 p.m.

Dispose of your personal documents safely. ProShred of Malvern will bring its shredding truck to Easttown Library. The cost is \$10 per standard storage box or per two grocery bags. Proceeds benefit the Friends of Easttown Library. Registration not required.

A Dark Night in April (Zoom)

Mon., April 25th, 7 p.m.



On April 14th, 1865, our 16th President, Abraham Lincoln, was mortally wounded at Ford's Theatre as the

Civil War was drawing to a close. The death and burial of Abraham Lincoln was a period of national mourning that had never been seen before in this country. Join historical reenactor, Mike Jesberger, to revisit the tragedy and sorrow of this fateful event in American history.

Chinese Medicine (Zoom)

Tuesdays, May 3rd—June 14th 1 p.m.

(no class May 24)

Chinese medicine is based on energy (Chi) flowing through channels called meridians, which move through the internal organs in yin/yang organ pairs and affect health on all levels. The yin/yang organ pairs are kidney/bladder, liver/gallbladder, heart/small intestine, spleen/stomach, and lung/large intestine. In this 6-class series presented by Liz Wanner, you will learn how to optimize, energize,



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and harmonize the chi flow through the organ pair meridians by using Qigong, yoga, meditation, and affirmations. Participants should be able to attend all six classes.

Should You Get a Colonoscopy After 75? (Zoom)

Thursday, May 12th at 2 p.m.

Join us to learn the importance of a colonoscopy after the age of 75. Many factors should be considered and discussed with your primary care provider or your gastroenterologist to determine the value of continuing the surveillance of colon-rectal cancer. Age should not be the sole factor in determining your fate. Learn the risks and benefits of a later-in-life colonoscopy from Julia Sharpe, RN, BSN, CGRN, of the Paoli Hospital Endoscopy Unit.

Friends of Easttown Library's Art Auction (In-person)

May 1st—26th



Featuring prominent local artists as well as rising stars from the Conestoga National Art Honor Society, this juried art auction will be on display starting May 1 in the library, with an opportunity to make purchases at a **Wine and Cheese Preview Party on Friday, May 13th**. The online auction of remaining artwork will continue through May 26. Tickets for the Preview Party are just \$10 and will be available beginning April 1st at easttownlibrary.org.

Ongoing Adult Programs

Ongoing programs are currently meeting in-person with the option to attend on Zoom. Email info@easttownlibrary for a Zoom link.

Afternoon Book Club - 1st Tuesday of each month, 2 p.m.

Mystery Book Club - 4th Tuesday of each month, 7 p.m.

Adult Evening Book Club - 3rd Thursday of the month at 7:15 p.m.

Conversational English (ESL) Class - Wednesdays, 10 - 11 a.m.

For anyone with a native language other than English. Learn to use English in real life situations and improve pronunciation.

This group meets in person and on Zoom (hybrid meetings) until further notice.

The following nonprofit organizations meet at the Easttown Library on a monthly basis. All meetings are open to the public.

Tredyffrin Easttown Historical Society - 3rd Sunday of the month, 2 p.m.

Meets at the Tredyffrin Library Sept. - Nov., and at Easttown Library Jan. - June. Check www.tehistory.org for latest meeting updates.

Pieces and Patterns: Quilt History and Chester County

(Zoom)

Tuesday, May 17th, 7 p.m.

How do 19th-century quilts made in Chester County compare to quilts made elsewhere or at different times in history? This illustrated slide lecture, presented by staff from Chester County History Center, explores materials, construction, and styles of Chester County quilts and their place in the history of quilted handiwork. It also describes a 2003-2004 county-wide quilt documentation initiative.

Red Cross Blood Drive (In-person)

Fri., June 3rd, 1 - 5 p.m. (new date)

Visit www.redcrossblood.org/give.html/find-drive to register online.

Chair Yoga - May Session (Zoom)

Mondays, 11 a.m.
and Wednesdays, 1 p.m.

Join registered Yoga instructor, Mary Fickman, for this gentle class designed to increase strength, flexibility, and balance. Postures will be done seated or using a chair for support. This practice is suitable for all physical abilities. Email mmayer@ccls.org for a Zoom link.

Laughter Yoga with Mary Fickman

May 1st & June 12th, 2 p.m. (outside in-person weather permitting)

Email mmayer@ccls.org for a Zoom link.



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